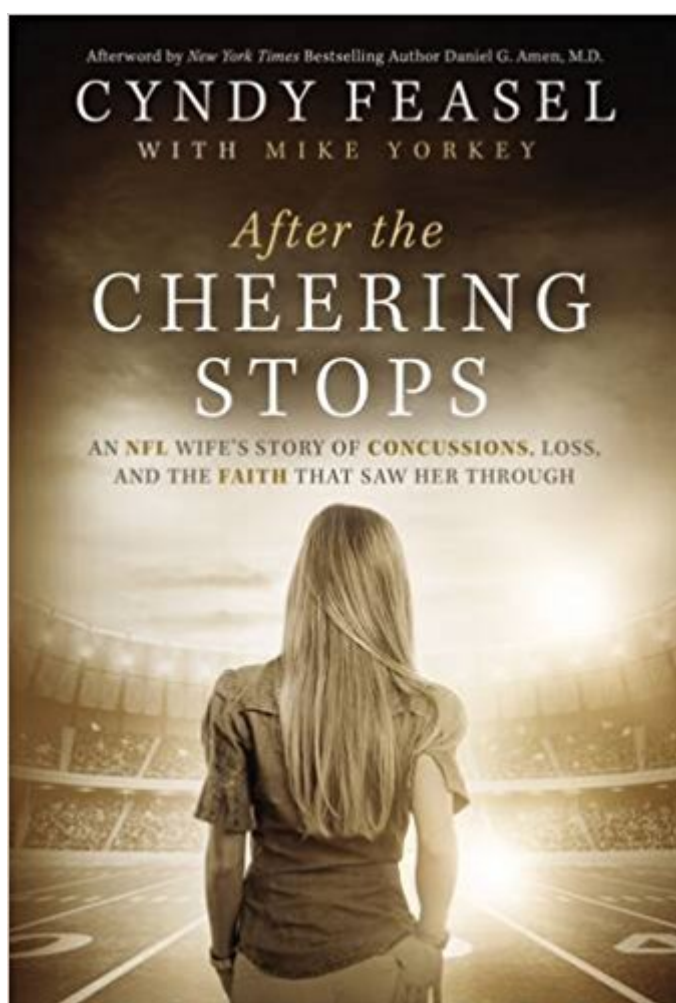


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# After The Cheering Stops: An NFL Wife's Story Of Concussions, Loss, And The Faith That Saw Her Through



## Synopsis

Former NFL wife Cyndy Feasel tells the tragic story of her family's journey into chaos and darkness resulting from the damage her husband suffered due to football-related concussions and head trauma and the faith that saved her. "If I had only known what I loved the most would end up killing me and taking away everything I loved, I would have never done it." Grant Feasel spent ten years in the NFL, playing 117 games as a center and a long snapper mostly for the Seattle Seahawks. The skull-battering, jaw-shaking collisions he absorbed during those years ultimately destroyed his marriage and fractured his family. Grant died on July 15, 2012, at the age of 52, the victim of alcohol abuse and a degenerative brain disease known as chronic traumatic encephalopathy, or CTE. Cyndy Feasel watched their life together become a living hell as alcohol became Grant's medication for a disease rooted in the scores of concussions he suffered on the football field. Helmet-to-helmet collisions opened the door to CTE and transformed him from a sunny, strong, and loving man into a dark shadow of his former self. In this raw and emotional memoir that takes a closer look at the destruction wrought by a game millions love, Cyndy describes in painful and excruciating detail what can happen to an NFL player and his family when the stadium empties and the lights go down. A powerful tale of warning for football moms and NFL wives everywhere, *After the Cheering Stops* is also a story of the hard-won hope found in God's presence when everything else falls apart.

## Book Information

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## Customer Reviews

Cyndy Feasel was married for twenty-nine years to NFL lineman Grant Feasel, who was discovered

after his death to have developed CTE—a progressive degenerative brain disease—from the concussions he received playing football. An art teacher in Fort Worth, Texas, Cyndy is committed to raising awareness of CTE and the dangers of repetitive head injury. Mike Yorkey is the author, co-author, editor, or collaborator of one hundred books. He has written for The Los Angeles Times travel section, Skiing, Tennis Week, World Tennis, City Sports, and Racquet. He lives in Encinitas, California.

This was a very captivating powerful read. I am a Christian so I love that it is faith based. However, I believe it could be a good read for a non believer too. I had a friend read it. She thought it would be full of more "Christian -eze". I've have been through a VERY rough time in my life similar to this story , though other circumstances. Some times you are living in such a dark place with your faith. There is only enough light to stand on and you cannot look further past your own life and tend to maybe hide from others. Therefore, you are not necessarily full of faithful words, advice and actions during this time. It can be a very lonely time and the only energy you have is to look up and surrender. I heard Cyndy on the radio and you can tell she is still very deep in her pain. I pray that her story will not only help parents make good decisions about their children and sports. But that someone will come to believe in the Lord, and that this pain the family went thru will be glorified thru Him.

This book is the all too real tragedy that the Feasel's endured. The struggle to try and understand why the man that Cyndy fell in love with had changed so much from who he was, and then to come to the realization after his death that injuries from football led to the dramatic change in his personality. Football took a terrible toll on this whole family. I bought this because I knew Grant in his youth, but recommend this to anyone that is considering letting their children play football or any contact sport that could lead to concussion.As much as I wanted to read this book in one setting I could not, it is emotionally draining.Thank you for sharing this story. I am passing this on to members of my church. I have also discussed the subject matter with friends that have children in youth football.

Cyndy has revisited and relived in copious detail the transformation of the promising young man she met and married to the premature death of a body that left it all on the field. We cannot know this much about the serious hazards presented to those who play football and do nothing. I applaud her for her courage and for telling the rest of the story on Grant Feasel's life. The NFL has a serious

problem and I for one want to see what they will do with their billions now as they count the riveting cost of so many men and so many families left shattered and destroyed.

Thank you Cyndy for sharing your life! It was tragic to read how the "gentle giant" deteriorated over the years after his playing days in the NFL were over! A must read for someone associated with contact sports, whether playing, related to someone playing or parents of youth concerned about the long term affects of playing.

Such a sad story of loss for every one involved. A succession of bad decisions and their effect on beautiful lives once full of hope and bright future. Prayers for continued recovery for those left behind.

AMAZING, Cyndy selflessly shares the real life and effects of CTE. The pain and heartbreak and the commitment to a higher purpose. If you have played the game and if you have someone you love playing the game. This is a must read!! have reread this book three times now and still brings tears to my eyes. It opens my eyes too. I see similarities in symptoms that cause me to want to learn more! You won't be disappointed but you will be left wanting to learn more.

Cyndy Feasel is so brave to answer the Lord's calling to share her story in this book. After the Cheering Stops is a heart wrenching story that brings light to a serious issue and the effects it can have on lives. I appreciate the honesty and openness that this book is written with. It is educational and inspiring, all at the same time. I would recommend this book to anyone who loves sports or loves others that do.

Fantastic book about the life of a NFL player. It is a HUGE eye opener! I'm so thankful my son stopped after his first diagnosed concussion. Thank you, Mrs. Feasel, for sharing your story. The life of a NFL player is glamorized. Sadly, no one sees the struggles behind the scenes. Great title, great story, and very well written.

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